



Pella Activities Department

212 E University St, Pella, IA 50219

Matt Fouch, Activities Director

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Sarah Treft, Administrative Assistant

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Office: (641)-628-3870

Site: Central College Cross Country Course

Date: September 4, 2021

Entry Fee: \$65 Boys Team/\$65 Girls Team – **Please send fee to Pella High School**

ATTN: Matt Fouch

212 E. University St.

Pella Ia, 50219

Format: We will run one race for the boys and one for the girls. Individuals will compete against all participants. Transfer or Open Enrolled students who are in their first 90 days of non-varsity competition CANNOT run in this event per ICHSAU / IHSAA policy. Teams will be scored as two divisions: Large School and Small School.

Schedule:

9:00am – HS Coaches meeting at finish line

9:30am – High School Girls Race

10:15am – High School Boys Race

Awards: There will be team medals for the first and second place teams for both boys and girls in both large/small school divisions. Individually, the top 15 will receive medals – no divisions, determined by time. There will be an awards ceremony after the conclusion of the girls race.

Scoring: Displacement scoring. The meet will be electronically timed and available on-line after the event at onlineRaceResults.com.

Entries: **TEAM ROSTERS** will be entered via the web site <http://theendresultsco.com/xc/> by coaches with a **deadline of Wednesday, September 1 at 6:00pm.** Race timed by Cal Murdock: **Please collect the chips from your athletes and return to the finish line after the race.**

Divisions and Teams Subject to Change

Large School Division (3A)

Boys: Bondurant, Glenwood, Mt. Pleasant, Oskaloosa, Pella, Nevada, North Polk

Girls: Bondurant, Mt. Pleasant, Oskaloosa, Pella, Nevada, North Polk

Small School Division (1A/2A)

Boys: ACGC, Baxter, Columbus Junction, DM Christian, EBF, Collins-Maxwell, Lynnville-Sully, Montezuma, Pella Christian, Mid Prairie-Wellman

Girls: ACGC, Baxter, DM Christian, EBF, Collins-Maxwell, Columbus Junction, Lynnville-Sully, Pella Christian, Mid Prairie-Wellman, Montezuma

5k Course Map: <https://athletics.central.edu/facilities/>

Fan Parking: You may direct your fans to park on the lot adjacent to Kuyper gym at Central College on Independence street or by the baseball/softball field of Central College along Fifield Road. Courtesy carts will be at each of these locations. Another option is the United Methodist Church on University Street to the south of the course. Please share this with your parents. Walking uneven terrain will be required.

Bus / Team Suburban Parking: Drop-off and park at DeJong's Greenhouse 1807 Fifield Road northwest of campus and course. Coming into town on Bus. Hwy 163 (using Exit 40) turn south at Wal-Mart/Taco Bell, then turn west onto Fifield Road. It will be much easier to load and unload team equipment from this location.

Gators will be available to assist at 7:30am. Buses will then park in front of DeJongs Greenhouse. **NO SPECTATOR PARKING HERE** – they must park by the softball/baseball fields on Fifield Rd, on campus lot in front of Kuyper Gym at Central, legal street parking or at the United Methodist Church on University Street.

Pella Regional Health Trainers and portable toilets on site but no locker rooms.

Contact Information: Matt Fouch, Activities Director
660-216-7984 (cell)

Follow: @PellaActivities for announcements regarding weather

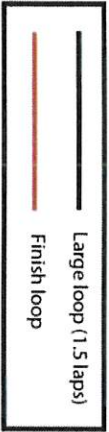
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CENTRAL
CROSS COUNTRY

Cross Country Course

5000 meters





9/4/21 Pella XC Invite Starting Box Assignments



Girls

1. Open
2. Des Moines Christian
3. Nevada
4. EBF
5. Pella
6. Pella Christian
7. Collins-Maxwell
8. Oskaloosa
9. Mid Prairie
10. Mt. Pleasant
11. Lynnville-Sully
12. Columbus Junction
13. Baxter
14. ACGC
15. Bondurant-Farrar
16. North Polk
17. Montezuma

Boys

1. Glenwood
2. Des Moines Christian
3. Nevada
4. EBF
5. Pella
6. Pella Christian
7. Collins-Maxwell
8. Oskaloosa
9. Mid Prairie
10. Mt. Pleasant
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