

North Mahaska Wrestling Invitational

January 7, 2023

North Mahaska JR/SR High
2163 135th street New Sharon Ia, 50207

Participating Teams: North Mahaska, Lynnville Sully, Montezuma, Baxter, Grinnell, Cardinal, North Tama, Pella JV, Pekin, Eddyville-Blakesburg-Fremont, Solon, Mt Ayr, and Iowa City City High, Oskaloosa. Boys and Girls Teams

Awards: A plaque will be awarded to the Team Champion. Individual medals will be awarded to first, second and third-place finishers.

Live Streaming: <https://www.team1sports.com/highschool/ia/?S=nmwarhawks>

Entries/Seeding: Please check your email for entry information from Track Wrestling by Mark Kenny. Make sure the seeding criteria are updated.

Weigh-Ins We will begin at 8:00 AM. We will weigh in by classes beginning with 106. If your wrestler is not present for his weight class, he will weigh in after the HWT. Weight class. Weigh-ins will take place in the HS Gym.

Entry Fee: \$75.00 made payable to North Mahaska High School

Buses: Drop athletes off at the South door. Park buses on the north side of the North parking lot or just on the north side of the bus barn. A picture will be included of our campus.

Admission: \$5 for adults and \$3 for students. NO PASSES will be accepted.

Dressing Rooms: Locker rooms will be available for dressing and showering. Each school is responsible for its own valuables. Signs will indicate which teams are located in which locker rooms.

Team Camp: Please have athletes set up team camp in the elementary gym. This will ensure more room for spectators.

Trainer: A trainer will be on hand to assist with any injuries.

Hospitality Room: The hospitality room for coaches, officials, and workers will be in the same room as the seeding meeting. Signs will be posted on how to get there.

Concessions: A concession stand will open for your convenience throughout the day. We request that coolers not be brought into the building. (Provided by the North Mahaska Athletic Boosters)

Cheerleaders: Are allowed. Each squad will be responsible for their own valuables.

If you have any questions, please feel free to contact:
Ryan Groom 641-660-4257 or groomr@nmwarhawks.org.

